ASK Do you currently use tobacco? YES NO **ASK ADVISE** Have you ever to quit used tobacco? YES NO **ASSESS ASSESS** Have you recently quit? Are you willing to quit now? Any challenges? YES **ASSIST ASSIST ASSIST ASSIST** Provide Intervene to Provide Encourage continued appropriate increase relapse tobacco abstinence motivation prevention dependence to quit treatments ARRANGE FOLLOWUP

Figure 1. The "5 A's": Treating Tobacco Dependence as a Chronic Disease

Fiore MC, Jaén CR, Baker TB, et al. Treating Tobacco Use and Dependence: 2008 Update. Quick Reference Guide for Clinicians. Rockville, MD: U.S. Department of Health and Human Services. Public Health Service. April 2009